

# “Assisting Individuals in Crisis”

and

# “Group Crisis Intervention”



Presented by:  
The Bill Blackwood Law Enforcement  
Management Institute of Texas

**3 Days of Training, 2 Courses!**

**March 18-20, 2025**

**June 16-18, 2025**

*8:00 am to 5:00 pm each day*

*Cost: Free Training!*

Where: Bill Blackwood LEMIT Building

1600 Bobby K. Marks Blvd.  
Huntsville, Texas 77341

**Travel and lodging are the responsibility of  
the participant.**

**REGISTER ONLINE** at

[www.lemitonline.org](http://www.lemitonline.org)

Registration will be confirmed by e-mail.

## Assisting Individuals in Crisis

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Program Highlights**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Completion of “Individual Crisis Intervention and Peer Support” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF’s [Certificate of Specialized Training Program](#).

## Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Program Highlights**

- Relevant research findings
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- “Resistance, resilience, recovery” continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD)

Completion of “Group Crisis Intervention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s [Certificate of Specialized Training Program](#).